

The Many Faces of Seattle Audubon

by Lorraine Hartmann, Volunteer Program Director

Compelling though an organization's vision and mission may be, its effectiveness depends on the quality and commitment of its people.

Our 5500 members, 800 volunteers, hundreds of Seattle Public Schools FUN parent and grandparent volunteers, Nature Shop supporters, Nature Campers and their families, shade coffee companies, our Board and staff, and many generous donors comprise a passionate, diverse Seattle Audubon family of supporters.

This year's first issue of *Earthcare Northwest* highlights six among the many thousands of Seattle Auduboners.

Spanning in age from an eight-year-old artist to a centenarian naturalist, they all love birds and work to protect them. Turn to page 8 to read about these dedicated people.

To find out how you, too, can help protect birds and nature, contact Seattle Audubon and volunteer!

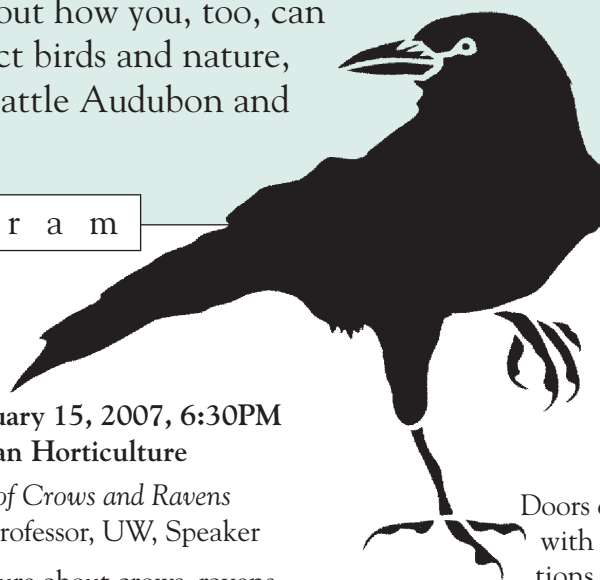
Program

Volunteer Appreciation Evening

Thursday, February 15, 2007, 6:30PM
Center for Urban Horticulture

In the Company of Crows and Ravens
John Marzluff, Professor, UW, Speaker

Join us for a lecture about crows, ravens, and people by John Marzluff, author and Professor of Wildlife Science at the University of Washington. He'll speak about the natural history, taxonomy, tool use, communication, and human interaction of these bold, boisterous, adaptable and inspirational birds. This will also be our Volunteer Appreciation evening and cake will be served.



Doors open at 6:30PM with Nature Shop selections and displays. The

Center for Urban Horticulture is located at 3501 NE 41st Street in the Laurelhurst neighborhood. From NE 45th Street, turn south on Mary Gates Memorial Way to NE 41st Street. Buses #25 and #30 stop at NE 45th and Mary Gates Memorial Drive.

Free and open to the public!

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<http://www.birdweb.org>

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Of Note

• Next new volunteer orientations will be on **Tuesdays, February 20 and March 20** from 7-8:45PM. Call Lorraine to register at 206-523-8243, x12.

• **Thank you to:**

—**Carol Richardson, Kathy and Arn Slettebak and Carleen and Neil Zimmerman**, Nov. 18 Richmond Beach Alternative Giving Fair booth.

—**David Shettleroe**, Shop SKUs for Bird-Note shows and Nature Reserves research.

—**Andrew Engstrom, Gina Lozier**, Open House kids' activities, **Dianne Edmonds, Jennifer Kauffman, Teri Martin**, gift wrapping; **Andrea Briggs**, coordinator, **Harvey and Linda Carroll, Dennis Hartmann, and Neil and Carleen Zimmerman**, Holiday Potluck.

—**Colene McKee, Susan Stillman, Cynthia Wilson**, CBC registrars, **Christine Chan**, CBC Potluck organizer, **Karen Adair, Christine Chan, Barbara Clark, Dianne Edmonds, Lucienne Guyot, Dan Kiehle, Colene McKee, Pam Pogemiller, Mary Rogers, Susan Stillman, Amy Walgamott and Cynthia Wilson**, soup makers; **Lee Barnes**, Count leaders organizer, **Gene Hunn**, CBC compiler, and Count leaders: **Tom Aversa, Lee Barnes, Jan Bragg, Marv Breece, Art Campbell, Carolee Colter, Steve Dang, Denis DeSilvis, George Gerdts, Dan Harville, Gene Hunn, David Hutchinson, Hugh Jennings, Vicki King, Neal Komedal, Brendan McGarry, Martin Muller, Hal Opperman, Wayne Palsson, Shiva Parameswaran, Judy Roan, Adam Sedgley, David Swayne, Tom Weir, Sandra Woods, Richard Youel and Neil Zimmerman**, and all Counters.

—**Rob Faucett**, host of monthly Bird-Watch meetings at the Burke Museum.

—**Greg Hickman**, Shade Coffee graphic design; **Alan Humphrey and Chris Maden**, web and technology support.

—Nature Shop volunteers who helped

Memorial Gifts

Garth Olson recently gave a generous gift in memory of Charlene Olson. His gift to our Finding Urban Nature Explorers elementary school program is a lovely and meaningful way to honor his mother's dedication to education and birds. Thank you.

We also thank Keith R. Geller, who made a gift to Seattle Audubon in memory of his mother, Lillian Geller. Keith also requested that his contribution be directed to the FUN program.

selling, packing, wrapping and hauling during the record-setting sales month in December, many working additional shifts: **Karen Adair, Chris Altwegg, Laurinda Anglin, Diana Aubin de Paradis, Melissa Boscolo, Jenny Buening, Marilyn Busher, Linda Carroll, Kathy Cooper, Steve Dang, Theres Fillmore, Hans de Grys, Dianne Edmonds, Rebecca Evans, Barb Faville, Al Ferkovich, Francie Galbraith, Carol Gard, Virginia Harris, Helen Hawley, George Johnson, Brad Justin, Charlie Kahle, Jennifer Kauffman, Penny Koyama, Anita and Gene Lagerberg, Rachel Lawson, Carol Leenstra, Gina Lozier, Amalia Magaret, Teri Martin, Paul Metzner, Jean Mills, Scott Moore, Walter Oelwein, Eldon Olson, Suzanne Peterson, Cathy Pfarr, Roberta Roberts, Jud Scovill, Jane Sepede, David Shettleroe, Karen Stephens, Ingvil Syverson, Cheryl Teague, Sue Thompson, Mary Anne Thorbeck, Pat Tilden, Connie VanDeventer, Tim Walsh, Cynthia Wang, Barbara and Paul Webster, JoAnn Whetsell, Ethel Williams, Nancy Wilson, Marilyn Wittenmyer, Ann Marie Wood, Melinda Woodard, Alison Wysong, Carleen Zimmerman**, and especially **Virginia Morrison**.

• Correction: The drawing on the front cover of the December 2006/January 2007 issue should have had the following attribution: © Martin Muller.

SEATTLE AUDUBON BOARD OF DIRECTORS

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Vice President, Randy Robinson
Secretary, Mary Anne Thorbeck
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Tom Rohrer
Tom Riley
Cynthia Wang
Richard Youel
Neil Zimmerman

Raising Public Awareness

by Shawn Cantrell, Executive Director

Seattle Audubon's conservation programs have garnered significant media coverage in recent weeks. Our campaign to protect the Northern Spotted Owl was featured in the Washington Post, Boston Globe, Seattle Times, and on KUOW radio. Our work to defend bird habitat in the urban environment was also recognized with local media coverage for our efforts

to safeguard Foster Island and Marsh Island in the Arboretum.

Seattle Audubon's annual Christmas Bird Count was also prominently featured in the Seattle Times, highlighting this great program over many decades.

On a separate note, our Nature Shop had a record month in December, serving more customers than ever before and generating retail sales totaling over \$113,000 for the month! Congratulations to all the volunteers and staff who made this possible!

Spotlight on Staff



Karyn McKelvey joined Seattle Audubon's staff in December 2006 as Development Associate. A graduate of Gonzaga University with Bachelor's degrees in French and Sociology, she has over four years of experience with non-profit organizations. Karyn worked for the Museum of Fine Arts, Boston, where she provided training, supervision, and scheduling support for over 100 volunteers. She also worked for two years as a counselor and advocate on homelessness issues for the St. Francis House Day Shelter in Boston.

A native of the Seattle area, Karyn is excited to pursue a career in development and event planning within the local non-profit community. She has participated in the Northwest Development Officers Association and recently completed a course on grant-writing. Karyn enjoys travel, the arts and culture, speaking French, and, whenever possible, exploring the outdoors.

Christmas Bird Count Wrap Up

by Eugene Hunn,
Master Birder and CBC List Compiler

One hundred and eighty observers participated in Seattle Audubon's 80th annual Christmas Bird Count on December 30, 2006. The accommodating weather encouraged a record high count of 129 species (previous record was 127, with an average of 120). Two additional species, Northern Harrier and Long-

eared Owl, showed up the following day. Total number of individual birds counted was slightly above average, but we found record numbers of Anna's Hummingbirds (267) and Yellow-rumped Warblers (187). On the other hand, we had only three Ruddy Ducks this year versus a 30-year average of 464. Special visitors: Rock Sandpiper, Townsend's Solitaire, Common Redpoll (1st CBC record), and Pine Grosbeak (2nd CBC record). Complete results of the CBC are posted at www.seattleaudubon.org.

George Johnson Honored

George Johnson's 23 years of volunteering for Seattle Audubon were honored by having the Nature Shop space named the **George Johnson Birding Resource Center** in a ceremony December 6, 2006. George was the first manager of the Nature Shop. His many volunteer contributions were chronicled in the December 2006/January 2007 issue of Earthcare Northwest.



George Johnson, fourth from left, pictured with current and past Seattle Audubon Board presidents at the event naming the George Johnson Birding Resource Center. Pictured from left, Marina Skumanich, Bob Sieh, Jane Hedberg, George Johnson, Dick Butler, Idie Ulsh, Steve Hallstrom, and Richard Youel.

SEATTLE AUDUBON MISSION STATEMENT

Seattle Audubon cultivates and leads a community that values and protects birds and the natural environment.

Seattle Audubon is a non-profit 501(c)(3) organization.

Invest in the Future—Make a Bequest to Seattle Audubon

Shawn Cantrell
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shawnc@seattleaudubon.org



SEATTLE AUDUBON CENTER and NATURE SHOP
Hours: Mon-Sat 10AM to 5PM
8050 35th Ave. NE
Seattle WA 98115
206-523-4483

Destinations: Seabirds on Puget Sound in Winter

by Herb Curl

Although a lot of folks put their binoculars away for the winter, there's no need to just because the summer migrants are gone. Instead, think ducks, geese, grebes, and the occasional jaeger, oh my! Go on your own or register for one of the field trips in this newsletter that emphasize seabirds. The following suggested places to view seabirds might leave off some favorite spot of yours, but you might find a new one on it as well.

There are some general guidelines and specific locations that will enhance your experience. Eight or ten power binoculars or a higher power scope are very helpful. The scope needn't be over 20X, as higher powers magnify turbulent "heat waves" over the water. Good resolution is more important than magnification. A high lookout, such as from a ferry or a headland, helps. Ferry slips seem very attractive to seabirds. Wind plays a big part in where seabirds hang out. During high winds, say over 10mph, most birds concentrate in embayments and behind large spits. Here are just a few examples of places to visit this winter.

For Seattle birders, West Point at Discovery Park is at the top of the list. The North Beach Trail is excellent for sea ducks, Brant,

grebes, loons, alcids and gulls. Migrating Parasitic Jaegers and Sooty Shearwaters show up occasionally, well offshore.

Nearby and easier access are Alki Beach/Point or the Edmonds fishing pier at the north end of the marina, and the ferry terminal. Sea ducks and cormorants are abundant.

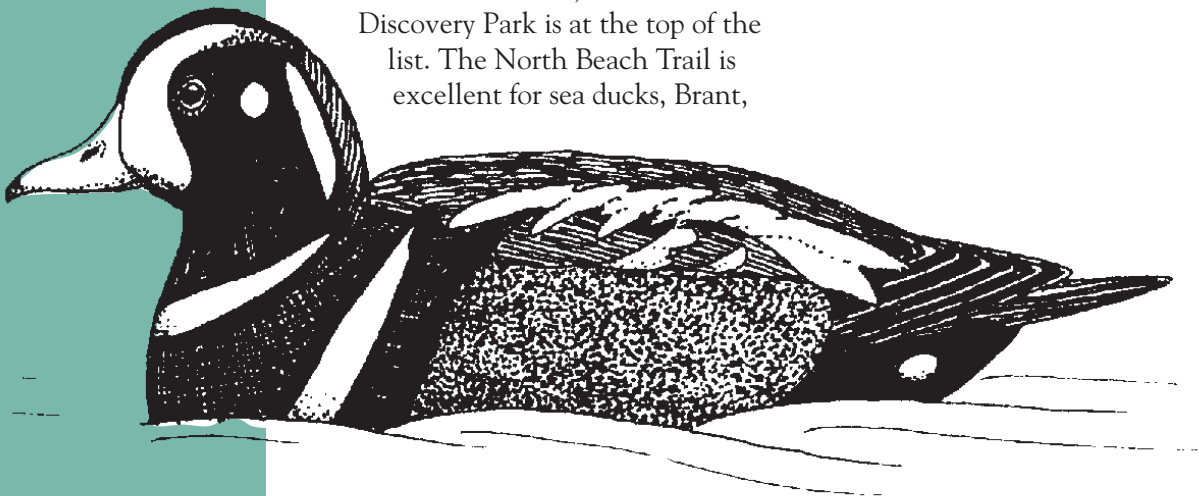
Take the Edmonds ferry to Kingston and check out Point No Point off Hansville Rd. for gulls, alcids, and loons. Off Hansville Rd., take Little Boston Rd. west through the Port Gamble Indian Reservation to a beach on Port Gamble Bay. Here, during strong south winds, there will be a huge assemblage of ducks.

Farther to the north there are some excellent spots on Camano Island. Although beach access is mostly private, Iverson Spit County Park and the head of Livingston Bay off Fox Trot Way provide great views of large numbers of ducks.

Remember to dress for the weather, because you'll have to get out of your car to enjoy most of these spots!

Detailed driving directions and mention of other nearby birding spots are found in the essential ABA Birder's Guide to Washington by Hal Opperman and available at the SAS Nature Shop.

Herb Curl is the former Seattle Audubon Science Advisor



Volunteer Service Awards 2006

Total 1996-2006 Hours

Seattle Audubon will gratefully award service pins to high-serving volunteers at our Volunteer Appreciation Evening, Thursday, February 15, 7PM at the Center for Urban Horticulture. An asterisk indicates a newly awarded service recognition in that category. **Congratulations and thank you to all our volunteers.**

6500 hours+

*Charles Kahle

6000 hours+

*Richard Youel

5500 hours+

George Johnson

5000+

*Miriam Williams

4500 hours+

*Hanna Atkins, *Idie Ulsh

4000 hours+

*Suzanne Krom, *Hal Opperman

3500 hours+

*Chris Altwegg, *Gene Lagerberg

3000 hours+

Carolee Colter, *Steve Dang, Connie VanDeventer

2500 hours+

Brian Bell, Ellen Blackstone, *Shiva Parameswaran, Brenda Senturia, *Marina Skumanich

2000 hours+

Lynn Ferguson, *John Lundin, *Walter Oelwein, Tom Riley, Mary Anne Thorbeck

1500 hours+

*Terry Adams, *Linda Anchondo, Jan Bragg, Herb Curl, Jr., Jane Hedberg, *Jerry Joyce, *Chuck Lennox, *Joe Miles, Virginia Morrison

1000 hours+

Charles Adams, *Tom Aversa, Eleanor Baxendale, Georgia Conti, Steve Hallstrom, Helen Hawley, Jennifer Kauffman, *Penny Koyama, Kathy Lantz, *Colene McKee, Jean Mills, *Martin Muller, Julie Myers, *Martha Nester, Don

Norman, Thero North, Don Ostrow, *Suzanne Peterson, Genevieve Reckamp, Judith Roan, Alan Roedell, Marilyn Sandall, Stephanie Smith, *Bob Soldwedel, David Swayne, Paul Webster, Cynthia Wilson

750 hours+

*Diana Aubin de Paradis, Marissa Benavente, *Marilyn Bushner, Carol Gard, *Keith Geller, Raelene Gold, Ken Jacobsen, *Tom Kelly, *Rachel Lawson, Jane Lundin, Phyllis Pirzadeh, Roberta Roberts, Tom Rohrer, Pat Ryan, Richard Sanders, *Robert Sieh, Dan Suiter, Robert Sundstrom, *Martha Taylor, Dick Weber, Sandra West, Ethel Williams, Isadora & Kendrick Wong, *Alison Wyson, Neil Zimmerman

500 hours+

*Nancy Alden, *Helle Bielefeldt-Ohmann, Joanne Davis, Carolyn Eagan, Ivan Ellis, *Rebecca Evans, Al Ferkovich, John Friars, Steve Gers-tle, *Alan Humphrey, David Hutchinson, Vicki King, Ardell Kuchenbecker, Laurie Lindeman, *Richard Lintermans, Teri Martin, Marilyn Milberger, *Bonnie Miller, Susan Murphy, Anne Passarelli, Robert Robins, Randy Robinson, *Penny Rose, Connie Sidles, Phyllis Stark, *Kristin Stewart, *Cheryl Teague, Patricia Vivian, Timothy Walsh, Sarah Webb-Otten, Japhy Whalen, Francis Wood

250 hours+

Kevin Aanerud, *Karen Adair, Judy Allen, Marti Anderson, Laurinda Anglin, Shannon Bailey, Carol Baker, Katie Barndt, Lee Barnes, Julia Bent, Becky & Bob Benton, MaryAnn Berrie, Linda Bosshart, Lauren Braden, *Lorine Brakken, Carol Brittnacher, *Eileen Bryant, Gro Buer, Nicole Burk, Pam Cahn, Linda Carroll, Danielle Chicoye, Sara Clark, *Amy Cole, Joe Conforti, Nancy Coomer, *Endre Dale, *Barb Deihl, Denis DeSilvis, Ed Deal, Michael Donahue, Stephanie Forbes, Edward Freedman,

*Alan Grenon, Ellen Gryj-Rubenstein, Jean Haigh, *D. Eric Harlow, Pat Hitchens, Michael Hobbs, *Scott Hoskin, Gene Hunn, Dean Irwin, Courtenay Jackson, *Mark Johnston, *Peter Klein, Bharati Konnur, Russell Kurtz, Beth Lagerberg, Cinda Langjhar, Carol Leenstra, Robin Lewis, *Patricia Lott, Loretta Mandra, Teri Martin, Cheryl McCoubrey, Brendan McGarry, Reiko Myers, Marilynn Miller, Briony Nguyen, *Eldon Olson, Dennis Paulson, Tom Perigo, Cathy Pfarr, Barbara Retzlaff, Helen Ross Pitts, Margery Robison, *Jane Sepede, *Karen Shea, *David Shettleroe, Ian Shives, Jim Simpkins, Netta Smith, Sharon Sneddon, Emily Sprong, Keith Stamm, Kate Stenberg, Stephanie Sykes, Lisa Syravong, Diana Thayer, Kathleen & Robert Thode, Liz Thomas, Colin Thoreen, Roger Tilton, Myrna Torrie, Lisa Vogel, Linda Wakeman, *Cynthia Wang, *Barbara Webster, Eli Weinberger, *Tom Weir, *John Michael West, Jan Wilson, *Nancy Wilson, *Marilyn Wittenmyer, Ann Marie Wood, Bunny Wood, Francie Wood, Martha Wood, Sam Woods, *Carleen Zimmerman

100 hours+

Joyce Adachi-Kirkland, Morgan Ahouse, Noel Angell, Frances Applegate, Alice Arnold, *Susan Barnes, *Matthew Bartels, *Marian Black, *Marvin Breece, Esther Brolin Bailey, Judy Baskey, Cathy Bell, Bill Bogue, Mamie Bolender, *Emory Bundy, *Justine Busse, Arthur Campbell, Nora Carr, Christine Chan, *Simone Chavez, Praveen Reddy Chettyally, Belinda Chin, Kavitha Chinta, Morea Christenson, Kay Cook, Maureen Corlas, Kelly Crimmins, Liang Cui, Carol Dale, Tyler Davis, Hans & Kristi de Gry, Anne Doherty, Gary & Judy DuVall, Bert & Laurie Ann Dudley, Tom Eckert, Dianne Edmonds, JoLynn Edwards, Dianah Esperas, Diane DiLuck Fathi, *Barbara Faville, Michael Fleming, *Jim Flynn, Francie Galbraith, Tracee Geernaert, Gail Gensler, George Gerds, James Gough, Kristi Gray, *Miriam Gray, Michael Green, Catherine Greer,

Nick Gregoric, Brent Grism, Mara Grunbaum, Rebecca Guiao, *Virginia Harris, Tosten Haugerud, Lyanda Haupt, Dana Heller, Patrick Herda, Eva Hershaw, Carol Holmstrom, Malina Hubler, Nancy Hunn, Barbara & John Jensen, Bruce Jones, Sigrid Reinhardt Jones, Kraig Kemper, *Tyler Kipling, Mary Klein, *Renee Klein, Dick Koerker, Jennifer Leach, Heather Lee, Estella Leopold, Kevin Li, Sandy Lindsay, Ilon Logan, Patty Lott, *Gina Lozier, Donna Luce, *Megan Lyden, *Amalia Magaret, S. Anna Martin, *Karen Matsumoto, Jennifer McDonald, Susan McDougall, *Michael McMullin, Alan Mendoza, Deni Mensing, *Patty Michaud, Lois Miller, Norma Milliman, *Marianne Moon, Mark Moon, Claudia Morgan, *Julie Morgan, *Karen Morse, Marlo Mytty, *Nick Neely, *Julia Nordsieck, Danny O'Keefe, Joan O'Sullivan, Scott Olmsted, Eldon Olson, Roger Olstad, Jennee Osburn, Joan O'Sullivan, Jane Owen, Lakshmi Padala, Kelley Palmer-McCarty, Ashley Parkinson, Scott Percival, Sarah Perigo, Linda Pomeroy, Toni Potter, *Melinda Ranklin, Lorie Ransom, Madhuritha Reddy, Gene Revelas, Juliet Rhodes, Sherry Rind, Joyce Roether, Linda Rogers, Mary Rogers, Dan Roller, Ilene Samowitz, Jackie Saunders, Stephen Sax, *Brad Shaffer, Paul Schloemer, Barbara & Randy Schnabel, Victoria Shum, Ron Simons, Arn and Kathy Slettebak, Camille Sperry, Emily States, Anna Steele, Karen Stephens, Susan Stillman, Ed Swan, Barbara Tari, Radosveta Tashev, Nancy Thomson, M. Sue Trevathan, Shang-fan Tu, Sonia Vallabh, Justine Vega, *Marie Vila, *Eric Ward, John Waterman, Kate Weinberger, Heidi Whalley, Woody Wheeler, Joan Whiley, Katie Whitney, Shannon Whitney, *Patrick Woolford, Jeffrey Young, Liz Young, Elyse Zelenko, Diana & Willa Zhou, Erica Zwick

Green Options: Action Steps for a Healthy Environment

by Matt Mega,
Director of Urban Habitat

Welcome to Seattle Audubon's environmental tip corner. Beginning in this issue, we will bring you tips to combat the decline of our environment. Our first tip is to help us all be "green" consumers. Whether you are buying a new car, replacing an old washing machine, or remodeling a kitchen, buying "green" depends on being an informed consumer. Make sure you do your homework and find the best green alternative. By purchasing green products, such as Forest Stewardship Council Lumber, shade-grown coffee, and energy-efficient appliances, we not only help the environment, but foster our connection to the earth. Start your green consuming effort by researching the following web sites.

First, find out what your impact on the environment is by visiting www.earthday.net/Footprint/index.asp

To find local green consumer options, visit www.metrokc.gov/dnrp/swd/ecodeals/index.asp or www.environmentalhomecenter.com

And make sure you check out Seattle Audubon's www.shadecoffee.org and www.forestfriendlylumber.com/ for more information.

Climate Change: Are growers ready?

by James Di Properzio

There's a coffee mug you may have seen. It illustrates global warming by showing a map of the world, and its picture changes when hot coffee warms the mug to show how the rising ocean levels will inundate the world's coastlines. This is about as far as most people in the coffee world have gotten in considering the intersection of coffee and climate change.

"Nobody in the tropics is doing anything about it," says Dean Cycon of Dean's Beans, who maintains relationships with growers, and regularly travels to discuss coffee and environmental issues with them.

Scientists understand very well how global temperature changes of just one degree Fahrenheit have already changed climates in many areas very noticeably, with corresponding effects on agriculture. In many of the regions with the best growing conditions, from the tropics and even through places like California, another couple of degrees are forecast to result in drought, invasive pests, and extreme weather conditions like the hurricanes and monsoons seen over the past couple of years. Coffee-growing areas are among those most vulnerable to these conditions, and the small changes thought to be inevitable in the next decade or two could render traditional growing areas unsuitable for the cultivation of coffee.

Awareness of the problem among growers is very slight. Many small local growers have no access to information that global warming exists, and most of the first-worlders in the industry who might be concerned about it on the global level haven't begun to strategize about the coming changes.



One thing that many growers across the tropics can do for themselves is plant trees. In the past several decades, roughly half of the world's coffee plantations have cut down their trees, or cut down forest to plant unshaded coffee. This decreases the ability of vegetation to counteract global warming by absorbing carbon dioxide, and it also raises local temperature. So these growers are themselves part of the problem. If growers worldwide appreciate the danger to their business, they can start by replanting trees and returning to shade growing.

*Excerpted from Fresh Cup Magazine,
October 2006*

Seattle Audubon's NW Shade Coffee Campaign supports growers in being part of the solution, but they need our help. Buy shade-grown coffee, visit shadecoffee.org to learn more, and pick up a Global Warming mug in the Nature Shop.

Spotlight on Forest Stewardship Council (FSC) Certified Lumber

by Alex Morgan, Conservation Director

Approximately four million acres of forestland in Washington are owned by small forest landowners and about one million of these acres are located in transition areas adjacent to rapidly growing urban and suburban areas. These forestlands are critical to the future of working forests in our foothills as well as to the critters that call these four million acres home.



Seattle Audubon file photo

Weyerhaeuser clearcut

The O'Neill Pine Company (OPC) is a small, third-generation family logging business in Lewis and Thurston Counties. The company plans its logging activities in terms of family generations and maintains a 120-year harvest plan, compared to the 40-year plans of many large, industrial companies. Within that plan OPC harvests about one million board feet a year or enough wood to build about 60 houses.

Six years ago, OPC pursued FSC certification for its lands, as the principles and guidelines of FSC meshed well with its overall management philosophy. OPC maintains an inventory of FSC-certified lumber in Chehalis, and sells lumber directly by the semi load or even by the pickup load at www.opineco.com.

By choosing FSC certification, O'Neill Pine has had to make some changes in its management practices, and

has noticed secondary benefits of certification. The biggest improvements and requirements on the ground are:

- Herbicides are used only as a last resort and not as a routine forest practice.
- The "clearcuts" permitted under FSC are much smaller than typical industrial clear cuts and far more trees are left standing.
- The social component of FSC assures consumers that the company and its contractors are paying reasonable wages, hiring locally, and treating employees and contractors appropriately.
- Wood is tracked by a chain of custody, so that OPC can tell its buyers where the tree was growing that produced each 2x4.
- OPC tracks downed wood and snags for their wildlife value in addition to potential board feet of timber for economic value.

All these factors contribute to better on-the-ground management, resulting in better practices for birds, other wildlife, and people, although these practices may also mean higher prices for consumers. The O'Neill Pine Company and many other certified producers are betting that consumers will go the extra step to support sustainable practices for birds and people alike.



photo by Ian Hanna

FSC forestry O'Neill Pine Company

GreenDisk and Seattle Audubon: Wrap-up

by Adam Sedgley,
Science Associate

We sent out a plea for Seattle Audubon members to donate their Technotrash in the September issue of Earthcare as well as the Nature Shop Fall Mailer. And wow, did you respond!

More than 100 people dropped off **411 pounds** of CDs, computer batteries, printer cartridges, PDAs, cell phones, and laptops. It makes us feel great to know that so much trash was recycled. But we can still do more: approximately 40 million pounds a year end up in landfills across the nation. You can tackle this problem in your home or business by contacting GreenDisk, a local non-profit devoted to addressing this growing problem in an accountable and environmentally safe manner. GreenDisk offers its *Technotrash Can*: a large cardboard trash bin that can hold up to 70 lbs of computer media, supplies, and accessories. Once it's filled, fold it up and ship it off (the postage is included). For more information on GreenDisk, visit www.greendisk.com.

The Many Faces of Seattle Audubon

Liz Reynolds Thomas

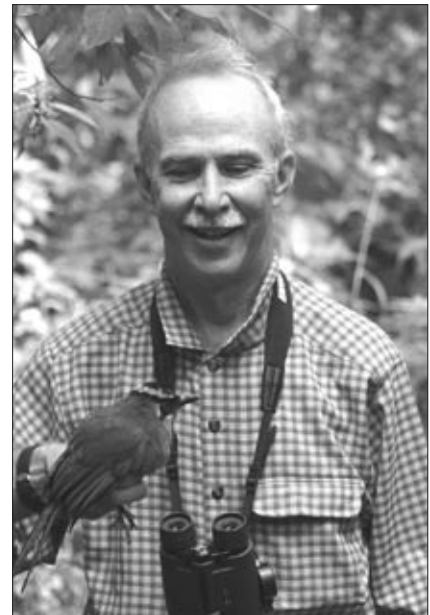
Liz Reynolds Thomas of the Greater Seattle Chapter of The Links has been a Seattle Audubon volunteer since 2001.



She volunteers at the African American Academy for “Audubon Day at the Arboretum” and also for an essay contest honoring John James Audubon. Liz enjoys watching the students’ delight as they discover birds and other creatures.

“They are connecting with nature and each other in a special way for the first time. These experiences serve as a catalyst for a passion that continues my interest in exposing urban youth to the value of birds, the natural environment, and protecting bird habitats.”

Here are just a few of the dedicated members of the Seattle Audubon family who help us work toward our goal of protecting birds and nature. Come join us and volunteer!



Tom Weir

Semi-retired physician and Master Birder Tom Weir exemplifies the versatility of leadership on which Seattle Audubon’s success is built. He co-leads our Seward Park Neighborhood Bird Census. In 2006, he taught a Birding 101 class for Seattle Audubon, led a Stanwood-to-Samish Island field trip, and lent his knowledge of Wood Duck habitat to the Cascade Land Conservancy at the Hazel Wolf Wetlands Preserve. Each year since 1970 he has led a Christmas Bird Count group. He and his wife Kristi are longtime generous supporters of many of our programs.

Patricia Lott

Patricia S. Lott, Master Birder and former wheelchair user, suffers from scleroderma. She credits bird-watching for her improved health. “Perhaps those of us who feel uncomfortably earth-



bound can take heart by hearing the songs of those who soar above us. The birds call me out and up to greater heights and breadths than I imagined I could go.”

In 2002 Patricia added Accessible Field Trips to our roster of field trips. “I volunteer to lead these trips in order to help bring others closer to the healing power of nature through the special magic of birds.”



Ben Burkhalter

Ben Burkhalter, a UW senior, is currently a Shade Coffee Campaign intern and an alum of our BirdWatch program for high school students. After he learned about our Shade Coffee Campaign, it captivated his attention for several years. While doing research at the UW on fair trade systems in various countries, he found that he “longed to be involved in a fair trade coffee campaign again. Shade Coffee was a natural choice because of how much Seattle Audubon has done for me with the BirdWatch program. I also like the environmental sustainability aspect of Shade Coffee.”

Victor Scheffer

Dr. Victor Scheffer received his PhD in zoology from the University of Washington in 1936. As a professional mammalogist and naturalist, he has authored 14 books including, *The Year of the Whale*, a seminal piece that inspired the marine mammal conservation movement of the sixties.

“I joined [Seattle Audubon] in 1934 and I suspect that it was partly to meet some wholesome girls. I didn’t know much about birds and wasn’t awfully interested in them at first. I was looking for kindred spirits and I certainly found them in the Audubon Society.”

“I can’t imagine the Northwest without an Audubon Society. [The Society] stands for study and preservation of nature, and has a wonderful reputation for goodness when it comes to the environment.”

Victor celebrated his 100th birthday in November of 2006.

Anasophia McLain Smith

To help the birds she loves, eight-year-old artist Anasophia McLain Smith created “For Wild Birds Everywhere,” a 2007 Calendar of her artwork available in the Nature Shop. Proceeds from its sale benefit Seattle Audubon. Born in China’s Hunan Province, she lives with her family in Seattle and attends The Valley School. She has studied art in China with a master and is an apprentice to Janet Fagan-Smith, Seattle artist and teacher. Young, passionate, inspired conservationists like Anasophia give us all reason to be optimistic and to work harder to ensure the birds will be here when she’s an adult.

